

# WEEK 1

## MONDAY

### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

### *Main Course*

Chicken Korma Served With  
Pileau Rice & Oven Baked  
Naan Bread

### *Sweet to Follow*

Fruit Salad Served with  
Vanilla Ice Cream  
Seasonal Fresh Fruit

### *Afternoon Tea*

Wholemeal Pitta Pockets  
With Grated Cheese &  
Vegetable Croutons  
Nursery Baking  
Milk Or Water

### *Baby Tea*

Free Range Cheesy  
Scrambled Eggs Served With  
Hot Buttered Wholemeal  
Toast

### *Sweet to Follow*

Fruit Yoghurt  
Seasonal Fresh Fruit

## TUESDAY

### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

### *Main Course*

Freshly Made Beef Lasagne  
Served With Crusty Garlic  
Bread

### *Sweet to Follow*

Freshly Made Ground Rice  
Pudding & Fruit Jelly  
Seasonal Fresh Fruit

### *Afternoon Tea*

Turkey Ham Sandwiches  
Nursery Baked Flapjack  
Seasonal Fresh Fruit  
Milk Or Water

### *Baby Tea*

Cottage Pie Served with  
Seasonal Vegetables

### *Sweet to Follow*

Freshly Sliced Bananas with  
Dairy Custard  
Seasonal Fresh Fruit

## WEDNESDAY

### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

### *Main Course*

Fish Medley With A Fluffy  
Mashed Potato Crust Served  
With Seasonal Farm Fresh  
Vegetables

### *Sweet to Follow*

Nursery Made Strawberry  
Cheese Cake  
Seasonal Fresh Fruit

### *Afternoon Tea*

Cheese and Tomato Pizza  
& Soft Cheese Spread  
Sandwiches  
Seasonal Fresh Fruit  
Milk Or Water

### *Baby Tea*

Linda's Famous Cheesy Bean  
Pie Served With Oven Baked  
Crusty Bread

### *Sweet to Follow*

Whole Milk Fruit Jelly  
Seasonal Fresh Fruit

## THURSDAY

### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

### *Main Course*

Sausage Fusili Pasta served  
with Freshly Baked Garlic  
Bread

### *Sweet to Follow*

Fruit Pie served with  
Dairy Custard  
Seasonal Fresh Fruit

### *Afternoon Tea*

Hot Dogs in Soft  
Bread Rolls  
Toasted Buttered Crumpets  
Seasonal Fresh Fruit  
Milk Or Water

### *Baby Tea*

Cream of Chicken Served on  
Wholemeal Toast

### *Sweet to Follow*

Fruit Fromage Frais  
Seasonal Fresh Fruit

## FRIDAY

### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

### *Main Course*

Corned Beef Hash Served  
With Seasonal Farm Fresh  
Vegetables

### *Sweet to Follow*

Nursery Sponge Pudding  
Served With Dairy Ice Cream  
Seasonal Fresh Fruit

### *Afternoon Tea*

Wholemeal Tuna Mayonaise  
Sandwiches  
Nursery Baked Fruit Muffins  
Seasonal Fresh Fruit  
Milk Or Water

### *Baby Tea*

Salmon Fusili Pasta Served  
With Warm Crusty Garlic  
Bread

### *Sweet to Follow*

Puree'd Pears & Whole Milk  
Dairy Custard  
Seasonal Fresh Fruit

# WEEK 2

## MONDAY

### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

### *Main Course*

Linda's Famous Cheesy Bean  
Pie Served With Oven Baked  
Garlic Bread

### *Sweet to Follow*

Whole Milk Yoghurt Served  
With Seasonal Fresh Fruit

### *Afternoon Tea*

Selection of Soft Cheese &  
Beef Spread Sandwiches  
Sponge Roll  
Seasonal Fresh Fruit  
Milk Or Water

### *Baby Tea*

Creamed Mushrooms on  
Hot Buttered Wholemeal  
Toast

### *Sweet to Follow*

Seasonal Fresh Fruit Salad  
& Dairy Ice Cream

## TUESDAY

### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

### *Main Course*

Lightly Crumbed Fish Fingers  
Served With Potatoes &  
Seasonal Fresh Vegetables

### *Sweet to Follow*

Zesty Orange Cheese Cake  
Seasonal Fresh Fruit

### *Afternoon Tea*

Turkey Ham Sandwiches  
Children's Own Baking  
Seasonal Fresh Fruit

### *Baby Tea*

Cottage Pie Served With  
Seasonal Vegetables

### *Sweet to Follow*

Freshly Made Ground Rice  
Milk Pudding  
Seasonal Fresh Fruit

## WEDNESDAY

### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

### *Main Course*

Spaghetti Bolognese Made  
With Ground Beef & Served  
With Oven Baked Garlic  
Bread

### *Sweet to Follow*

Bramley Apple Crumble  
Served With Dairy Milk  
Custard  
Seasonal Fresh Fruit

### *Afternoon Tea*

Farm House Cheddar  
Cheese Sandwiches  
Fruit Yoghurt  
Milk Or Water

### *Baby Tea*

Oven Baked Potato With  
Tuna & Sweetcorn Filling

### *Sweet to Follow*

Freshly Sliced Banana's &  
Vanilla Yoghurt  
Seasonal Fresh Fruit

## THURSDAY

### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

### *Main Course*

Oven Baked Pork Sausage  
Casserole Served With  
Creamed Potatoes & Crusty  
Fresh Bread

### *Sweet to Follow*

Sliced Bannanas & Dairy  
Ice Cream  
Seasonal Fresh Fruit

### *Afternoon Tea*

Ham & Cheese Sandwiches  
Hot Buttered Crumpets  
Seasonal Fresh Fruit  
Milk Or Water

### *Baby Tea*

Tuna Penne Pasta & Lightly  
Toasted Wholemeal Pitta  
Bread

### *Sweet to Follow*

Freshly Baked Muffins  
Seasonal Fresh Fruit

## FRIDAY

### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

### *Main Course*

Sweet & Sour Chicken  
Served With Basmati Rice &  
Prawn Crackers

### *Sweet to Follow*

Chocolate Sponge & Dairy  
Milk Custard  
Seasonal Fresh Fruit

### *Afternoon Tea*

Whole Meal Pitta Pockets  
With Savoury Beans &  
Grated Cheddar Cheese  
Seasonal Fresh Fruit  
Milk Or Water

### *Baby Tea*

Cheddar Cheese & Bacon  
Vegetable Bake Served With  
Lightly Toasted Wholemeal  
Bread

### *Sweet to Follow*

Whole Milk Fruit Jelly Served  
With Mandarin Oranges  
Seasonal Fresh Fruit

## WEEK 3

### MONDAY

#### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

#### *Main Course*

Shepherds Pie & Seasonal  
Farm Fresh Vegetables

#### *Sweet to Follow*

Dairy Milk Rice Pudding  
Seasonal Fresh Fruit

#### *Afternoon Tea*

Turkey Ham Sandwiches  
Lightly Toasted Buttered  
Fruit Bread  
Seasonal Fresh Fruit  
Milk Or Water

#### *Baby Tea*

Lightly Baked Golden  
Crumbed Fish Sticks Served  
with Farm Fresh Seasonal  
Vegetables

#### *Sweet to Follow*

Fruit Fromage Frais  
Seasonal Fresh Fruit

### TUESDAY

#### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

#### *Main Course*

Bacon & Pasta Bake Topped  
With Farm House Cheddar  
Cheese & Served With Crusty  
Bread

#### *Sweet to Follow*

Nursery Baked Golden Syrup  
Sponge & Dairy Custard  
Seasonal Fresh Fruit

#### *Afternoon Tea*

Cheese & Tomato Pizza  
Nursery Baked Muffins  
Seasonal Fresh Fruit

#### *Baby Tea*

Free Range Cheesy  
Scrambled Eggs With  
Savoury Baked Beans &  
Wholemeal Toast

#### *Sweet to Follow*

Baked Apples & Whole Milk  
Dairy Custard  
Seasonal Fresh Fruit

### WEDNESDAY

#### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

#### *Main Course*

Oven Baked Pork Sausage &  
Butter Mashed Potatoes  
Served With Seasonal Farm  
Fresh Vegetables

#### *Sweet to Follow*

Raspberry Cheese Cake  
Seasonal Fresh Fruit

#### *Afternoon Tea*

Tuna Mayonaise Sandwiches  
In Wholemeal Bread  
Fruit Yoghurts  
Seasonal Fresh Fruit  
Milk Water

#### *Baby Tea*

Cheddar Cheese & Vegetable  
Penne Pasta Bake Served  
With Toasted Wholemeal  
Soldiers

#### *Sweet to Follow*

Whole Milk Ground Rice  
Pudding  
Seasonal Fresh Fruit

### THURSDAY

#### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

#### *Main Course*

Chicken Korma Curry Served  
With Basmati Rice & Oven  
Baked Naan Bread

#### *Sweet to Follow*

Whole Milk Jelly Served With  
Seasonal Fresh Fruit

#### *Afternoon Tea*

Potato Wedges Served With  
Selection Of Dips Or  
Coleslaw

Devonshire Fruit Scones &  
Berry Preserve  
Milk Or Fruit Juice

#### *Baby Tea*

Sweet Beef Chilli Served  
With Basmati Rice

#### *Sweet to Follow*

Mixed Berry Fruit Fromage  
Frais  
Seasonal Fresh Fruit

### FRIDAY

#### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

#### *Main Course*

Fresh Fish Pie Topped With  
Buttery Mashed Potatoes &  
Seasonal Farm Fresh  
Vegetables

#### *Sweet to Follow*

Seasonal Fresh Fruit Crumble  
& Dairy Ice Cream  
Seasonal Fresh Fruit

#### *Afternoon Tea*

Wholemeal Soft Cheese  
Spread Sandwiches  
Toasted Buttered Crumpets  
Selection Of Fresh Fruit  
Milk Or Water

#### *Baby Tea*

Roast Chicken & Sweet  
Potato Casserole

#### *Sweet to Follow*

Seasonal Fresh Fruit Salad  
Selection of Fresh Fruit

# WEEK 4

## MONDAY

### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

### *Main Course*

Lightly Grilled Golden  
Crumbed Fish Sticks Served  
With Creamy Mash Potato &  
Seasonal Fresh Vegetables

### *Sweet to Follow*

Seasonal Fresh Fruit Crumble  
& Vanilla Dairy Ice Cream  
Seasonal Fresh Fruit

### *Afternoon Tea*

Tuna Mayonaise Sandwiches  
Warm Buttered Crumpets  
Seasonal Fresh Fruit  
Milk Or Water

### *Baby Tea*

Oven Baked Potato Filled  
With Farmhouse Cheddar  
Cheese And Served With  
Beans In Tomato Sauce

### *Sweet to Follow*

Nursery Baked  
Blueberry Muffins  
Seasonal Fresh Fruit

## TUESDAY

### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

### *Main Course*

Corned Beef & Potato Pie  
Served With Seasonal Farm  
Fresh Vegetables

### *Sweet to Follow*

Seasonal Fruit Jelly & Dairy  
Vanilla Ice Cream

### *Afternoon Tea*

Free Range Egg Mayo &  
Beef Paste Sandwiches

Nursery Baked Muffins  
Seasonal Fresh Fruit

### *Baby Tea*

Spanish Omlette Filled With  
Savoury Sausage & Seasonal  
Vegetables

### *Sweet to Follow*

Syrup Sponge & Custard  
Seasonal Fresh Fruit

## WEDNESDAY

### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

### *Main Course*

Roast Chicken Dinner  
Served With Creamy Mashed  
Potato and Seasonal Farm  
Fresh Vegetables

### *Sweet to Follow*

Whole Milk Ground Rice  
Pudding Seasonal Fresh Fruit

### *Afternoon Tea*

Warm Pitta Pockets Served  
With Grated Cheddar Cheese  
& Vegetables Crudities  
Nursery Baked Mini Cakes  
Seasonal Fresh Fruit  
Milk Or Water

### *Baby Tea*

Salmon Penne Pasta Served  
With Crusty Bread

### *Sweet to Follow*

Warm Poached Pears &  
Vanilla Dairy Ice Cream  
Seasonal Fresh Fruit

## THURSDAY

### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

### *Main Course*

Pork Sausage Fusili Pasta  
& Savoury Tomato Sauce  
Served With Crusty Garlic  
Bread

### *Sweet to Follow*

Whole Milk Jelly & Bananas  
Seasonal Fresh Fruit

### *Afternoon Tea*

Wholemeal Cheddar  
Cheese Sandwiches  
Oat Flap Jack  
Seasonal Fresh Fruit  
Milk Or Water

### *Baby Tea*

Savoury Creamed  
Mushrooms on Wholemeal  
Toast

### *Sweet to Follow*

Zesty Lime Cheesecake  
Seasonal Fresh Fruit

## FRIDAY

### *Morning Break*

Hot Buttered Toast  
Seasonal Fresh Fruit  
Milk Or Water

### *Main Course*

Italian Style Cheese &  
Tomato Pizza & House Fries

### *Sweet to Follow*

Nursery Made Sponge &  
Dairy Custard  
Seasonal Fresh Fruit

### *Afternoon Tea*

Nacho's & Freshly Grated  
Cheese Served With  
Vegetable Crudities  
Nursery Baked American  
Style Banana Muffins  
Milk Or Water

### *Baby Tea*

Sheperds Pie & Seasonal  
Vegetables

### *Sweet to Follow*

Forest Fruits Fromage Frais  
Seasonal Fresh Fruit